

***The following are the skills and standards covered so far
in HPE in the 2020/2021 school year by the grades seen
in our current 3 week rotation schedule.***

2nd Grade HPE Skills and Standards:

- In 2nd grade's final PE rotation we were back in the regular gym!
- Students got their own home spots, and played more equipment based games.
- For their last three weeks of PE, 2nd grade learned and played a variety of fitness games, and discussed the different types of fitness and why they are important.
- 2nd graders also got to practice their chasing and fleeing skills and talk through different strategies they used each day to flee or chase classmates in our games.
- Priority Standards:
 - Describes large-motor and/or manipulative physical activities for participation outside physical education class (e.g., before and after school, at home, at the park, with friends, with the family). **(S3.E1.2)**
 - Uses own body as resistance (e.g., holds body in plank position, animal walks)⁴ for developing strength. **(S3.E3.2a)**
 - Identifies physical activities that contribute to fitness. **(S3.E3.2b)**
 - Accepts responsibility for class protocols with behavior and performance actions. **(S4.E2.2)**
 - Applies simple strategies and tactics in chasing activities. **(S2.E5.3a)**
 - Applies simple strategies in fleeing activities. **(S2.E5.3b)**

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1st Grade HPE Skills and Standards:

- Spring came just in time for our second round of PE for 1st grade.
- We were back in the regular gym where students got homespots and more access to equipment.
- During this rotation of PE, 1st grade played games with a variety of winning and losing outcomes to cultivate conversations around emotional regulation and sportsmanship.
- Along with that, 1st grade played a ton of chasing and fleeing games to help build skills with changes in speed and direction, as well as encourage class discussions about different strategies used in such games.

- Priority Standards:
 - Differentiates between fast and slow speeds. **(S2.E3.1a)**
 - Engages actively in physical education class. **(S3.E2.1)**
 - Accepts personal responsibility by using equipment and space appropriately. **(S4.E1.1)**
 - Works independently with others in a variety of class environments (e.g., small and large groups). **(S4.E4.1)**
 - Travels demonstrating a variety of relationships with objects (e.g., over, under, around, through). **(S2.E2.1b)**
 - Catches a soft object from a self-toss before it bounces. **(S1.E16.1a)**
 - Hops, gallops, jogs and slides using a mature pattern. **(S1.E1.1)**

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3rd Grade HPE Skills and Standards:

- 3rd grade got to spend their final PE rotation in the main gym and outside!
- Their final three weeks of PE were broken into three mini units.
- First, 3rd grade played a variety of rock paper scissors games to practice problem solving skills in PE and on the playground.
- The second week was spent playing different chasing and fleeing games to help build skills involving changes in speed and direction, as well as encourage class discussions about different strategies used in said games.
- 3rd grade ended their PE rotation with kickball outside. They learned basic kicking, pitching and outfield skills as well as gained game play and rule knowledge while practicing working as a team.
- Priority standards:
 - Applies simple strategies and tactics in chasing activities. (S2.E5.3a)
 - Applies simple strategies in fleeing activities. (S2.E5.3b)
 - Works cooperatively with others.(S4.E4.3a)
 - Praises others for their success in movement performance. (S4.E4.3b)
 - Uses a continuous running approach and intentionally performs a kick along the ground and a kick in the air, demonstrating 4 of the 5 critical elements of a mature pattern for each. (S1.E21.3a)
 - Catches a gently tossed hand-size ball from a partner, demonstrating 4 of the 5 critical elements of a mature pattern. (S1.E16.3)
 - Travels showing differentiation between sprinting and running. (S1.E2.3)

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5th Grade HPE Skills and Standards:

- In our final rotation, and 5th grade's final weeks of elementary school, we focused on game play and kickball.
- The first week and a half of our rotation were spent playing group and team games, practicing sportsmanship and cooperation as well as strategy among peers.
- The second half of our rotation focused on being outside and honing in on our kickball skills.
- Students perfected their approach to kicks, their catching, and their team strategies.
- We ended our school year and PE rotation with a field day that consisted of a variety of games and obstacle courses to send the students into summer!

- Priority Standards:
 - Throws underhand to a large target with accuracy. **(S1.E13.5b)**
 - Throws overhand to a large target with accuracy. **(S1.E14.5b)**
 - Demonstrates mature patterns in kicking and punting in small-sided practice task environments. **(S1.E21.5)**
 - Applies basic offensive and defensive strategies and tactics in invasion small-sided practice tasks. **(S2.E5.5a)**
 - Engages in physical activity with responsible interpersonal behavior (e.g., peer to peer, student to teacher, student to referee). **(S4.E1.5)**
 - Exhibits respect for self with appropriate behavior while engaging in physical activity. **(S4.E2.5b)**
 - Accepts, recognizes and actively involves others with both higher and lower skill abilities into physical activities and group projects. **(S4.E4.5)**